

7:30 am Confinement day 33



8:10 a.m. Breakfast



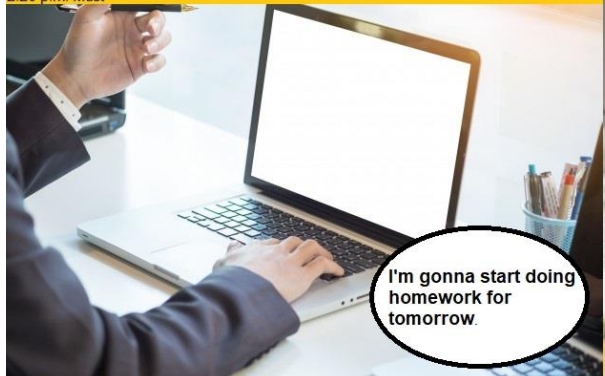
9:10 a.m. Video Games



1:00 Lunch



2:20 p.m. Must



6:00 p.m. Bodybuilding



8:00 p.m. Dinner



10:00 p.m

